

AUTUMN TERM 2025



VICTORIA COLLEGE PREPARATORY SCHOOL SCHOOL LUNCH MENU

WEEK ONE

MONDAYS

Slow cooked beef Bolognese pasta
or
Tomato & roasted red pepper pasta
both served with crunchy garlic bread & salad

Fresh fruit of the day

TUESDAYS

Yellow chicken curry
or
Yellow chickpea & sweet potato curry
both served with 50/50 white & wholemeal rice
& mini nan bread

Fresh fruit of the day
or
Chef's tasty bake

WEDNESDAYS

Juicy roast turkey & gravy
or
Vegetable Kiev & veggie gravy
both served with roasties & seasonal vegetables
Fresh fruit salad

THURSDAYS

Homemade local beef burger
or
Baked crispy veggie burger
both served served in a bun
with potato wedges & salad

Fresh fruit of the day
or
Chef's tasty bake

FRIDAYS

Baked cod fillet
with oven chips and beans or peas
or
Loaded jacket potato
with lashings of cheese, beans
& salad/coleslaw

Fresh fruit of the day
or
Chef's tasty bake

WEEK TWO

MONDAYS

Cumberland sausages
with creamy mash, gravy, Yorkshires & veggies
or
Baked jacket potatoes with selection of
grated cheese, baked beans, coleslaw & salad

Fresh fruit of the day

TUESDAYS

Rich Italian lasagna
or
Veggie Bolognese lasagna
both served with salad & garlic bread

Fresh fruit of the day
or
Chef's tasty bake

WEDNESDAYS

Chicken Piri Piri
or
Vegetable quiche
both served with herby potato wedges
& seasonal Veggies
Fresh fruit salad

THURSDAYS

Chicken fillet burger
or
Veggie burger
both served in a bun with salad & diced potatoes

Fresh fruit of the day
or
Chef's tasty bake

FRIDAYS

Baked fish goujons
or
Homemade veggie nuggets
both served with chips,
beans and salad

Fresh fruit of the day
or
Chef's tasty bake

WEEK THREE

MONDAYS

Goopy mac and cheese
or
Tomato and basil pasta
both served with garlic bread & salad
Fresh fruit of the day

TUESDAYS

Southern fried chicken
or
Oven baked Quorn goujons (vg)
both with potato wedges & salad

Fresh fruit of the day
or
Chef's tasty bake

WEDNESDAYS

Spicy chilli con carne served with
50/50 Rice Tortilla chips and mixed vegetables
or
Loaded jacket potatoes with cheese,
beans, salad & coleslaw
Fresh fruit salad

THURSDAYS

Slow cooked BBQ pulled pork
or
BBQ veggie strips
both served in a bap with diced potatoes & salad

Fresh fruit of the day
or
Chef's tasty bake

FRIDAYS

Salmon goujon served with
chips, baked beans or peas
or
Jacket potato with a choice of
cheese, beans, salad & coleslaw

Fresh fruit of the day
or
Chef's tasty bake