

PSHE Key Stage 3 Curriculum

	Autumn Term	Spring Term	Summer Term
Y7	<ul style="list-style-type: none"> • Establishing ground rules, transition, teamwork and personal targets • Learning styles & study skills. • Work roles and aspirations • Economic understanding: The function of money and personal budgeting 	<ul style="list-style-type: none"> • Personal values • Rights, responsibilities, diversity and bullying. (some of this will be covered during Ant-Bullying Week 2020) • Relationships: friends and families • Sex and relationships 	<ul style="list-style-type: none"> • Personal identity and health: physical and emotional changes of puberty and personal hygiene • Healthy lifestyles: eating and exercise • Health, risk and peer influence: tobacco and alcohol
Y8	<ul style="list-style-type: none"> • Diversity, prejudice and discrimination, racism • Relationships: Marriage and civil partnerships • Sex and relationships • Self Esteem 	<ul style="list-style-type: none"> • UNC Rights respecting schools award • First aid and life-saving skills • Recognising and reducing risk. (Road Safety) 	<ul style="list-style-type: none"> • Masculinity • Healthy lifestyles and risk: alcohol and drugs (cannabis) • Resilience
Y9	<ul style="list-style-type: none"> • Personal identity: Self-esteem, confidence and assertiveness • Risk, minimising harm and getting help • Healthy lifestyles: peer influence 	<ul style="list-style-type: none"> • Thinking about careers: the personal review and planning • Opportunities in learning and work • Choices at 14+ • Personal Safety. Social Media use and grooming 	<ul style="list-style-type: none"> • Rights and responsibilities • Diversity and discrimination, focusing on gender, age, disabilities and homophobia • Sex and relationships