



# VICTORIA COLLEGE PREPARATORY SCHOOL



# MEEK ONE

# MEEK THO

# WEEK THREE

#### MONDAYS

Our irresistible slow-cooked beef & pork Bolognese with pasta & garlic bread

Freshly baked jacket potato with a selection of arated cheese. baked beans, coleslaw & salad

Fruit of the day

#### TUESDAYS

Tasty chicken & vegetable curry packed with flavour served with rice & mini naan bread

Delicious vegetable & chickpea curry with rice & mini naan bread

Fruit of the day or Chef's tasty Bake

#### WEDNESDAYS

Roast turkey served with roast potatoes. seasonal vegetables, Yorkshire pudding & roast gravy

Vegetable Kiev with roast potatoes & seasonal vegetables

Fruit of the day

## THURSDAYS

Flavour packed sizzling char-grilled chicken burger in a bun with crispy potatoes & salad

Tasty veggie burger served in a bun with crispy potatoes & salad

Fruit of the day or Chef's tasty Bake

#### FRIDAYS

Traditional fish 'n' chips served with your choice of baked beans or peas

Vegetable frittata served with freshly-baked baquette & salad

Fruit of the day or Chef's tasty Bake

## **MONDAYS**

Mouthwatering Cumberland sausage, with creamy mashed potatoes, gravy and Yorkshire pudding

or

Freshly baked jacket potato with a selection of grated cheese, baked beans, coleslaw & salad

Fruit of the day

#### TUESDAYS

Our irresistible slow-cooked beef & pork Bolognese served with pasta, cheese & Salad

Yummu veggie Bolognese served with pasta, cheese & salad

Fruit of the day or Chef's tasty Bake

#### **WEDNESDAYS**

Chef's special recipe chicken piri piri with crispy potato wedges & salad

Vegetable quiche with potato wedges & salad Fruit of the day

#### THURSDAYS

Freshly made 100 % beef burger served with chips & salad

Tasty veggie burger served in a bun with chips & salad

Fruit of the day or Chef's tasty Bake

Traditional fish 'n' chips served with your choice of baked beans or peas

Crispy veggie nuggets & chips served with beans or peas

Fruit of the day or Chef's tasty Bake

#### MONDAYS

Gooey baked mac & cheese in a creamy sauce served with salad

Tasty tomato & basil pasta served with cheese & salad

Fruit of the day

#### TUESDAYS

Crispy baked chicken strips with potato wedges & salad

Yummy veggie goujons with potato wedges & salad

Fruit of the day or Chef's tasty Bake

## WEDNESDAYS

Scrumptious homemade chilli con carne with rice and tortilla chips

Hearty veggie chilli con carne with rice & tortilla chips

Fruit of the day

## **THURSDAYS**

Tasty chicken Kiev served with creamy mashed potatoes & sweetcorn

Veggie Kiev served with creamy mashed potatoes & sweetcorn

Fruit of the day or Chef's tasty Bake

#### FRIDAYS

Crispy cod goujons served with chips & salad

Sweet potato falafel served with chips & salad

Fruit of the day or Chef's tasty Bake







