

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

3rd Jan

**BANK HOLIDAY**

**HAPPY NEW YEAR!**  
from  
CARING COOKS

4th Jan

Pasta with tomato and basil sauce  
with garlic bread and salad  
Bake of the day or fruit of the day

5th Jan

Sweet and sour chicken or  
Sweet and sour Quorn  
with brown rice and green beans.  
Fruit of the day

6th Jan

Chicken goujons or  
Quorn goujons  
with diced potatoes and seasonal vegetables  
Bake of the day or fruit of the day

7th Jan

Breaded salmon bites or  
vegetable kiev  
with chips and baked beans or peas  
Bake of the day or fruit of the day

Week 1

Week 2

Week 3

Week 4

Week 5

Week 6

Week 7

10th Jan

Homemade chicken burger or  
Homemade bean burger  
with potato wedges and salad  
Fruit of the Day

11th Jan

Penne Carbonara or  
Tomato pasta  
with wholemeal crusty bread and salad  
Bake of the day or fruit of the day

12th Jan

Roast of the Week or  
Roast vegetable tart  
with roast vegetables and seasonal vegetables  
Fruit of the Day

13th Jan

Homemade meatballs or  
Quorn balls served in a tomato sauce  
with pasta, salad and garlic bread  
Bake of the day or fruit of the day

14th Jan

Breaded fish goujons or  
vegetable quesadillas  
with chips and peas  
Bake of the day or fruit of the day

17th Jan

Cumberland sausage or  
Veggie sausage  
with diced potatoes and seasonal vegetables  
Fruit of the Day

18th Jan

Cheese and broccoli pasta bake  
Served with crusty brown bread and salad  
Bake of the day or fruit of the day

19th Jan

Chicken Drumsticks or  
Roast vegetable quiche  
Served with vegetable rice  
Fruit of the day

20th Jan

Beef lasagne or  
Vegetarian lasagne  
Served with focaccia and salad  
Bake of the day or fruit of the day

21st Jan

Battered cod fillet or  
Vegetable frittata  
Served with chips and peas or beans  
Bake of the day or fruit of the day

24th Jan

Homemade beef burger or  
Homemade bean burger  
with sauteed onions, potato wedges and salad  
Fruit of the day

25th Jan

Pasta with tomato and basil sauce  
with garlic bread and salad  
Bake of the day or fruit of the day

26th Jan

Sweet and sour chicken or  
Sweet and sour Quorn  
with brown rice and green beans.  
Fruit of the day

27th Jan

Chicken goujons or  
Quorn goujons  
with diced potatoes and seasonal vegetables  
Bake of the day or fruit of the day

28th Jan

Breaded salmon bites or  
vegetable kiev  
with chips and baked beans or peas  
Bake of the day or fruit of the day

31st Jan

Homemade chicken burger or  
Homemade bean burger  
with potato wedges and salad  
Fruit of the Day

1st Feb

Penne Carbonara or  
Tomato pasta  
with wholemeal crusty bread and salad  
Bake of the day or fruit of the day

2nd Feb

Roast of the Week or  
Roast vegetable tart  
with roast vegetables and seasonal vegetables  
Fruit of the Day

3rd Feb

Homemade meatballs or  
Quorn balls served in a tomato sauce  
with pasta, salad and garlic bread  
Bake of the day or fruit of the day

4th Feb

Breaded fish goujons or  
vegetable quesadillas  
with chips and peas  
Bake of the day or fruit of the day

7th Feb

Cumberland sausage or  
Veggie sausage  
with diced potatoes and seasonal vegetables  
Fruit of the Day

8th Feb

Cheese and broccoli pasta bake  
Served with crusty brown bread and salad  
Bake of the day or fruit of the day

9th Feb

Chicken Drumsticks or  
Roast vegetable quiche  
Served with vegetable rice  
Fruit of the day

10th Feb

Beef lasagne or  
Vegetarian lasagne  
Served with focaccia and salad  
Bake of the day or fruit of the day

11th Feb

Battered cod fillet or  
Vegetable frittata  
Served with chips and peas or beans  
Bake of the day or fruit of the day

14th Feb

Homemade beef burger or  
Homemade bean burger  
with sauteed onions, potato wedges and salad  
Fruit of the day

15th Feb

Pasta with tomato and basil sauce  
with garlic bread and salad  
Bake of the day or fruit of the day

16th Feb

Sweet and sour chicken or  
Sweet and sour Quorn  
with brown rice and green beans.  
Fruit of the day

17th Feb

Chicken goujons or  
Quorn goujons  
with diced potatoes and seasonal vegetables  
Bake of the day or fruit of the day

18th Feb

Breaded salmon bites or  
vegetable kiev  
with chips and baked beans or peas  
Bake of the day or fruit of the day

HAPPY VALENTINES

### HALF TERM WEEK • 21ST - 25TH FEBRUARY

Week 8

Week 9

Week 10

Week 11

Week 12

Week 13

28th Feb

Homemade chicken burger or  
Homemade bean burger  
with potato wedges and salad  
Fruit of the Day

1st Mar

Penne Carbonara or  
Tomato pasta  
with wholemeal crusty bread and salad  
Bake of the day or fruit of the day

2nd Mar

Roast of the Week or  
Roast vegetable tart  
with roast vegetables and seasonal vegetables  
Fruit of the Day

3rd Mar

Homemade meatballs or  
Quorn balls served in a tomato sauce  
with pasta, salad and garlic bread  
Bake of the day or fruit of the day

4th Mar

Breaded fish goujons or  
vegetable quesadillas  
with chips and peas  
Bake of the day or fruit of the day

7th Mar

Cumberland sausage or  
Veggie sausage  
with diced potatoes and seasonal vegetables  
Fruit of the Day

8th Mar

Cheese and broccoli pasta bake  
Served with crusty brown bread and salad  
Bake of the day or fruit of the day

9th Mar

Chicken Drumsticks or  
Roast vegetable quiche  
Served with vegetable rice  
Fruit of the day

10th Mar

Beef lasagne or  
Vegetarian lasagne  
Served with focaccia and salad  
Bake of the day or fruit of the day

11th Mar

Battered cod fillet or  
Vegetable frittata  
Served with chips and peas or beans  
Bake of the day or fruit of the day

14th Mar

Homemade beef burger or  
Homemade bean burger  
with sauteed onions, potato wedges and salad  
Fruit of the day

15th Mar

Pasta with tomato and basil sauce  
with garlic bread and salad  
Bake of the day or fruit of the day

16th Mar

Sweet and sour chicken or  
Sweet and sour Quorn  
with brown rice and green beans.  
Fruit of the day

17th Mar

Chicken goujons or  
Quorn goujons  
with diced potatoes and seasonal vegetables  
Bake of the day or fruit of the day

18th Mar

Breaded salmon bites or  
vegetable kiev  
with chips and baked beans or peas  
Bake of the day or fruit of the day

21st Mar

Homemade chicken burger or  
Homemade bean burger  
with potato wedges and salad  
Fruit of the Day

22nd Mar

Penne Carbonara or  
Tomato pasta  
with wholemeal crusty bread and salad  
Bake of the day or fruit of the day

23rd Mar

Roast of the Week or  
Roast vegetable tart  
with roast vegetables and seasonal vegetables  
Fruit of the Day

24th Mar

Homemade meatballs or  
Quorn balls served in a tomato sauce  
with pasta, salad and garlic bread  
Bake of the day or fruit of the day

25th Mar

Breaded fish goujons or  
vegetable quesadillas  
with chips and peas  
Bake of the day or fruit of the day

28th Mar

Cumberland sausage or  
Veggie sausage  
with diced potatoes and seasonal vegetables  
Fruit of the Day

29th Mar

Cheese and broccoli pasta bake  
Served with crusty brown bread and salad  
Bake of the day or fruit of the day

30th Mar

Chicken Drumsticks or  
Roast vegetable quiche  
Served with vegetable rice  
Fruit of the day

31st Mar

Beef lasagne or  
Vegetarian lasagne  
Served with focaccia and salad  
Bake of the day or fruit of the day

1st Apr

Battered cod fillet or  
Vegetable frittata  
Served with chips and peas or beans  
Bake of the day or fruit of the day

4th Apr

Homemade beef burger or  
Homemade bean burger  
with sauteed onions, potato wedges and salad  
Fruit of the day

5th Apr

Pasta with tomato and basil sauce  
with garlic bread and salad  
Bake of the day or fruit of the day

6th Apr

Sweet and sour chicken or  
Sweet and sour Quorn  
with brown rice and green beans.  
Fruit of the day

7th Apr

Chicken goujons or  
Quorn goujons  
with diced potatoes and seasonal vegetables  
Bake of the day or fruit of the day

8th Apr

**END OF TERM**