

Y7 PE & Games lessons
Spring, Half Term 1

Teaching Group	PE lesson day	Activity	Equipment needed	Games lesson day	Activity	Equipment needed
A	Wednesday P2	Hockey	Black and Yellow reversible Games top Black shorts Black & Yellow socks Shin pads Trainers Gum shield	Y7 Games Monday P4	Rugby	Black and Yellow reversible Games top Black shorts Black & Yellow socks Boots Gum Shield
B	Thursday P3	Health Related Fitness	PE T-shirt Black Shorts White Socks Trainers			
C	Wednesday P3	Gymnastics				
D	Thursday P5	Badminton				
E	Friday P2	Health Related Fitness				
F	Friday P2	Hockey	Black and Yellow reversible Games top Black shorts Black & Yellow socks Shin pads Trainers Gum shield		Hockey	Black and Yellow reversible Games top Black shorts Black & Yellow socks Shin pads Trainers Gum shield
				Badminton	PE T-shirt Black Shorts White Socks Trainers	