



Dear parents/carers,

### Year 9 PSHE

This term our Year 9 students will be learning healthy relationships and sex as part of their PSHE lessons. We are using the same resources for teaching this as our partner school JCG, to ensure the students have parity in their relationship and sex education. The topics covered next term will include:

- respectful relationship behaviours
- freedom and capacity to consent
- sexual health
- contraception
- managing the end of relationships

They will also have 2 sessions delivered by Brook, also mirroring the provision at JCG. Brook work across the island, delivering age-appropriate content in all schools. They will cover topics including contraception and sexual health. Victoria College teachers will also always be present in these lessons.

At VCJ, we take an empowered, positive approach to relationships and sex education; we believe that we have a duty to help our young people navigate the world and make safe and informed choices in their future relationships as they navigate adolescence. Our PSHE curriculum has been designed in consultation with our students and is also driven by data from the recent Island Health Survey. The lessons we deliver are a direct response to the information our students feel they need at this stage in their lives. We understand that all students mature at different stages, but it is essential that their PSHE education is pre-emptive in order to protect them and ensure that they receive the correct, age-appropriate information from trained professionals in a safe classroom environment rather than relying on social media and pornography for their answers.

If you have any questions about your child's PSHE lessons, please contact [e.falla@vcj.sch.je](mailto:e.falla@vcj.sch.je)

With kind regards,

**Mrs Falla**  
**Head of PSHE**

## Our World of Opportunity

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