

Sunday 2nd July

09:30 arrival
09:45 Briefing and warm up
10:00 event start

Les Quennevais Cycle Track | 5.6km | Adapted Park Run route
All abilities welcome! This is not a timed event

Raising funds and awareness for The Grace Crocker Family Support Foundation

Follow on Instagram – GCFSF2023

Sign up, Facebook Event and Sponsorship Page QR codes below



Sign up page



Donation Page

Free entry, with donations welcome during sign up or on the day Cake sale for participants and spectators