



## 2 – 12 Triple P Parenting Programme

Group Triple P is a 6-week programme for parents and carers of children aged between 2–12-years-old. The programme looks at strategies to help manage children’s behaviour and prevent the kinds of problems that can make family life stressful. This programme is recommended for parents and carers who may have a few concerns about their child’s behaviour, or who may simply want to learn about positive parenting and how it can be applied to their family.

**Date: Wednesday 26<sup>th</sup> April – Wednesday 7<sup>th</sup> June**

Total of 6 weekly sessions on a Wednesday (with a break during May/June half term)

**Time: 18:00 – 20:00      Venue: The Bridge**

**How can I take part?** Please contact the Children and Families Hub team on 01534 519000, or email [childrenandfamilieshub@gov.je](mailto:childrenandfamilieshub@gov.je).

The Children and Families Hub provides information, advice and support for children, young people and families.

To find out more, scan the QR code or visit [www.gov.je](http://www.gov.je) and search for *Children and Families Hub*

