



## **ADHD Presentation for Parents/Carers of Teenagers**

You are invited to join us for an evening presentation with guest speaker Anthea Carroll (Deputy Head Teacher and SENCO from Springfield School) who will share her experience and research on the ADHD brain.

Anthea has ADHD herself and has real life experience of raising a teenager with ADHD.

The evening session aims to equip parents with knowledge on:

- understanding the ADHD brain
- the characteristics of ADHD and what these look like in your teenager
- different strategies to help with ADHD behaviours.

**Who is it for?** Parents and carers of a young person aged 11-18, who have a child with a diagnosis of ADHD or show ADHD traits

**When is it happening?** Wednesday 19<sup>th</sup> April, at The Bridge from 18:00 – 20:00

**How can I take part?** Please contact the Children and Families Hub team on 01534 519000, or email [childrenandfamilieshub@gov.je](mailto:childrenandfamilieshub@gov.je)

---

The Children and Families Hub provides information, advice and support for children, young people and families.

To find out more, scan the QR code or visit [www.gov.je](http://www.gov.je) and search for *Children and Families Hub*

