



**Y7 PE & Games lessons**  
**Spring half term 1**

House	PE lesson day	Activity	Equipment needed	Games lesson day	Activity	Equipment needed
<b>Braithwaite</b>	Friday P2	Health Related Fitness	<ul style="list-style-type: none"> <li>• House polo</li> <li>• White shorts</li> <li>• White socks</li> <li>• Trainers</li> </ul>	All Y7 Games are on Monday Period 4	Rugby	<ul style="list-style-type: none"> <li>• Reversible Games top</li> <li>• Black shorts</li> <li>• Yellow socks</li> <li>• Studded Boots</li> <li>• Gum Shield</li> </ul>
<b>Bruce</b>	Friday P1	Hockey	<ul style="list-style-type: none"> <li>• Reversible Games top</li> <li>• Black shorts</li> <li>• Yellow socks</li> <li>• Shinpads</li> <li>• Trainers</li> <li>• Gum Shield</li> </ul>			
<b>Diarmid</b>	Friday P4	Gymnastics	<ul style="list-style-type: none"> <li>• House polo</li> <li>• White shorts</li> </ul>			
<b>Dunlop</b>	Wednesday P1	Badminton	<ul style="list-style-type: none"> <li>• House polo</li> <li>• White shorts</li> <li>• White socks</li> <li>• Trainers</li> </ul>		Hockey	<ul style="list-style-type: none"> <li>• Reversible Games top</li> <li>• Black shorts</li> <li>• Yellow socks</li> <li>• Shinpads</li> <li>• Trainers</li> <li>• Gum Shield</li> </ul>
<b>Sartorius</b>	Thursday P3	Health Related Fitness	<ul style="list-style-type: none"> <li>• House polo</li> <li>• White shorts</li> <li>• White socks</li> <li>• Trainers</li> </ul>			